# Kentucky

# Child Fatality Review

## Newsletter

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#### **CFR Team Building!!**

#### Organizing a Review Team

- I. Designate a team organizer.
- Contact your state program administrator.
- 3. Study CFR program materials.
- 4. Conduct an assessment of child mortality and your readiness to establish a team.
- 5. Contact an existing review team.
- 6. Contact core local agencies that may serve on the team.
- 7. Collect mortality data.
- Schedule an organizational meeting.
- 9. Conduct an organizational meeting.
- Follow– up prior to your first review meeting.

## The Power of Water

As the last of this snowy winter melts and water once again becomes a liquid rather than a solid, it's time to think about drowning prevention! During many springs Kentuckians are swept away as rivers and creeks rise suddenly after spring rains. Strong repeated media messages not to drive through water covering a road ("Turn around, don't drown") have made a huge difference during some periods of flooding when no lives have been lost, so consider encouraging local media partners (radio, TV) to work with you this spring. Children are endlessly curious and drawn to running water too, so educate parents about the power of flood waters, about the need to teach their children to stay far away and the need to supervise their children during high water to ensure that they don't play near culverts, drainage basins, creeks in flood. Before putting in, canoers and kayakers need to check streams for debris that can obstruct the flow of water and boats and create an entrapment hazard.

As the weather warms boats come out, but the water is still very cold. When fishing, boating on a lake, or canoeing, a life jacket or PFD ("Personal Floatation Device") saves the life of a person who falls overboard. The Army Corps of Engineers website has some excellent free posters on water safety, including the need for PFDs. Staying far away from dams is important because the recirculating wave below a dam is powerful and a keeper of all that enters.

Springtime also brings the reopening of home pools. Grandparents as well as parents in the community need to be reminded that pools need 4-sided fencing and gates that automatically close and lock so no one falls in by mistake. If you fence a pool on three sides and use your home as the fourth side, you save money and protect the neighborhood children very well, but your own children or grandchildren can walk right out the back door and fall in. The number of such deaths has risen as more people in KY own home swimming pools.

Any container with water can pose a hazard to a toddler who uses it to pull to a stand, peers in with their large head size, and then falls in face first. 5-gallon buckets being used for car washes come out in spring, and the stability that keeps them from tipping over is lethal to a child who falls in. Indoor mop buckets and open toilets can pose the same hazard, so emptying water when done and never leaving a young child unsupervised around water or in the bathtub are important prevention measures. Finally, thinking ahead to summer and fun on the water, encourage people to learn to swim, and to enroll their children in swimming lessons.

#### Dr. Susan H. Pollack

Pediatric and Adolescent Injury Prevention Program at Kentucky Injury Prevention Research Center (KIPRC)

#### Newsletter



# April is Child Abuse Prevention Month

# It's YOUR Turn to Make a Difference

The month of April is devoted to celebrating everything we can do to transform our community into a place that cares about and actively supports families and children. By ensuring that all parents in our community have access to quality childcare, affordable health services, parenting education resources, and substance abuse and mental health programs, we make progress toward what the month stands for: April is Child Abuse Prevention Month.

Find out more about child abuse prevention in your community!!!

Visit: <a href="http://www.pcaky.org/">http://www.pcaky.org/</a>
<a href="http://www.pcaky.org/">child\_abuse\_prevention\_month.html</a>







## **Injury and Sports**



Sporting activities can improve both the physical and mental health of children, teaching them to work with other children and improving their coordination and confidence. Safety precautions and equipment can be instrumental in preventing or lessening injuries from sporting activities. The environment in which sports are played also has an impact on injury risks. Organized sports take place at schools, public parks, or recreation centers. More casual sports activities take place in backyards, streets, or neighborhood courts.

- Almost 6 million high school students play team sports.
- 20 million children take part in recreational or competitive sports outside of school.
- About two-thirds of sports-related injuries are sprains.
- Only 5 percent of sports injuries involve broken bones.

The environment children play in (e.g., heat, protective ground surface, properly maintained equipment); proper safety equipment (e.g., helmets, padding); supervision; physical check-ups; and regular hydration are just a few of the factors that

should be considered to prevent injuries to children while they are playing sports. In addition, assuring that children are in age and ability appropriate activities can help prevent stress related mental health issues.



#### Newsletter

### **CPSC Announcements**

#### WHAT'S HOT!!!

# Rechargeable Batteries in Video Baby Monitors Recalled to Replace by Summer Infant Due to Burn Hazard; Sold Exclusively at Babies R Us

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed. It is illegal to resell or attempt to resell a recalled consumer product.

Name of Product: Rechargeable batteries sold with certain Slim and Secure™ Video Monitors

Units: About 58.000

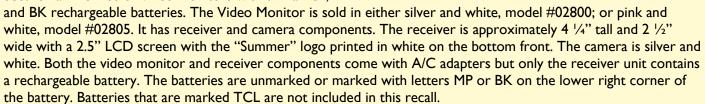
Importer: Summer Infant, of Woonsocket, R.I.

Manufacturer of Batteries: MP and BK, of China

Hazard: The battery in the handheld video monitor can overheat and rupture, posing a burn hazard to consumers.

Incidents/Injuries: Summer Infant has received five reports of ruptured batteries, including three incidents of minor property damage. No injuries were reported.

**Description:** The recall involves Summer Infant Slim and Secure handheld color video monitors with unmarked. MP



**Sold at:** Exclusively at Babies R Us from September 2009 to May 2010 for about \$200.

Manufactured in: China

**Remedy:** Consumers should immediately stop using the video baby monitors with the recalled batteries and contact Summer Infant to receive a postage paid envelope to return the defective battery in exchange for a free replacement battery. The monitor can continue to be used on AC power with power cord.

**Consumer Contact:** For additional information, contact Summer Infant between 8 a.m. and 5 p.m. ET Monday through Friday at (800) 426-8627, or visit the firm's website at <a href="https://www.summerinfant.com">www.summerinfant.com</a>

CPSC is still interested in receiving incident or injury reports that are either directly related to this product recall or involve a different hazard with the same product. Please tell us about it by visiting <a href="https://www.saferproducts.gov">www.saferproducts.gov</a>



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#### Newsletter

### **Protect the ones you love!**

#### Falls: The Reality

We all want to keep our children safe and secure and help them live to their full potential. Knowing how to prevent leading causes of child injury, like falls, is a step toward this goal.



Falls are the leading cause of non-fatal injuries for all children ages 0 to 19. Every day, approximately 8,000 children are treated in U.S. emergency rooms for fall-related injuries. This adds up to almost 2.8 million children each year. Thankfully, many falls can be prevented, and parents and caregivers can play a key role in protecting children.

#### **Prevention Tips**

The following are tips that can be used to prevent children from sustaining injuries related to falls:

#### Play safely

Check to make sure playground equipment your child uses is properly designed and maintained and there's a safe, soft landing surface below.

#### Make home safety improvements

Use home safety devices, such as guards on windows that are above ground level, stair gates, and guard rails. These devices can help keep a busy, active child from taking a dangerous tumble.

#### Keep sports safe

Make sure your child wears protective gear when playing active sports, such as wrist guards, knee and elbow pads, and a helmet when in-line skating.

#### Supervision is key

Supervise young children at all times around fall hazards, such as stairs and playground equipment, whether you're at home or out to play.

#### **Six Steps to Effective CFR Reviews**

- 1. Share, question and clarify all case information.
- 2. Discuss the investigation.
- 3. Discuss the delivery of services.
- 4. Identify risk factors.
- 5. Recommend systems improvements.
- 6. Identify and take action to implement prevention recommendations.

## **Question of the Month**

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Q: What is Kentucky's ATV helmet requirement?

**A:** Riders under age 16 must wear a helmet at **all** times. Riders age 16 and over must wear a helmet on public property.

Please send suggestions or articles that you would like to see included in the newsletter. We welcome the chance to highlight your activities, overviews of your program, local team achievements, projects that have come from local reviews, etc.

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